



RULES & EXPECTATIONS 2021 AGREEMENT

AGOOD ACRO FIT – EMERALD & CAPELLA

COSTS

- Enrolment Fee, \$40 per child, once per year. This will cover insurance, administration & EOY costs.
- Acro fit singlets will be at cost of \$20 per singlet, please contact Alena if you need one.
- **Acro Fit Kids 1 hour 45min sessions** Term will be paid in full before or on the 1st class of the term. Classes will be paid @\$22 per class + GST, so this may vary between the terms. 9-10 weeks
- **Acro Fit Kids 1 hour sessions** Term will be paid in full before or on the 1st class of the term. Classes will be paid @\$15 per class + GST, so this may vary between the terms. 9-10 weeks
- **Acro Fit Kids 45min sessions** Term will be paid in full before or on the 1st class of the term. Classes will be paid @\$11-14 per class + GST, so this may vary between the terms and coaches.
- **Tumbling Tinnies 30min sessions** will be paid @ \$8 per session + GST Term fees will vary per term
- Family deals, 3rd child half price and 4th for free.
- There is usually a ½ yearly & end of year concert which will endure a very minimal cost for costume and extra rehearsals. This all depends on QLD government Health guidelines with regards to COVID.
- **Fees are not refundable** if your child decides not to continue with Acro, fees are paid via term bases. Please inform us ASAP if you are not returning ASAP.

UNIFORM

- The uniform will be the AGOOD Acro Fit training singlet with black bottoms, leggings, tights, bike pants, hotpants, bodysuits, which ever they feel comfortable in. EOY concert costumes. Please no baggy clothing as this can cause safety issues in lifts & tricks.
- It's important that your child's hair is tied back in a way that won't affect their tricks. Braids, plaits are great for long hair or buns on the side (not in the middle like a normal ballet bun), pony tails are good for shorter hair.
- NO jewelry at all for safety reasons & no shoes.

PARENTS VIEWING

- **Tumbling Tinnies** All parents are required to stay during the class, though due to Covid 19 remain in cars or outside, to assist with unsettled children or toilet breaks. No parents/carers/ siblings are allowed in the shed to try and maximise your child's attention towards the teacher. The teacher will let you know if you are needed to help with your child.
- **Acro Fit Kids** All Parents/ carers/ siblings are not allowed in the shed at all during classes and due to Covid 19 please either drop and go or stay in your vehicle during your child's class. It is much better for your child's attention span if you drop and go for all afternoon classes. If your child is new, we do not mind if you stay until they feel comfortable.
- **Please be respectful of the properties you are in and the equipment. Do not let your children/siblings run around, jumping on everything or screaming while classes are on. Please supervise them, if they break anything it is your responsibility. Please keep the noise to a minimum, so you do not interrupt the class and please also ensure you clean up after yourself and your child. This includes food scraps, rubbish & placing chairs etc.**

EXAMS

- We will be done yearly to the Head Coaches discretion.

DROPPING OFF YOUR CHILD TO CLASS

- Please ensure that your child/children are dropped off with a water bottle and have gone to the toilet prior to class, for minimal interruptions. Please aim to be on time. We encourage you to drop your child off and leave them if you are in the afterschool classes.
- Please be cautious with entry & exit into 11 Edgewood Drive as their will be a no. of children entering and exiting. There is plenty of room via the colourbond fence side for parking. Please only park on our property. Do not park across the road. Also please do not park directly on the side of the road so it interrupts the traffic

Approved By	Alena Bidgood	Date	25/08/20	Revision	1.3
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NAME OF CHILD/CHILDREN			
STATE YOUR FULL NAME PARENT/ GUARDIAN		DATE	
SIGNATURE PARENT/GUARDIAN		DATE	

IF YOUR details have changed in any way please fill out the details below

All new participants will be required to fill in a new pre-exercise screen & waiver form and return it to

Alena Bidgood for Emerald students alena_bidgood@live.com.au & Julie Tasker for Capella students bjtasker@bigpond.com This can also be dropped into the gym.

CONTACT DETAILS OF PARTICIPANT

NAME			DATE	
ADDRESS				
DOB			BOY <input type="checkbox"/>	GIRL <input type="checkbox"/>
HOME PH		MOBILE PH		
EMAIL ADDRESS				
AGE OF CHILD				
EMERGENCY CONTACT Parents or Guardian 18+		WORK PH		
		MOBILE PH		
		HOME PH		
DOCTOR		WORK PH		
		A/HOURS PH		
ADDITIONAL COMMENTS				
SINGLET REQUIRED	CHILDRENS SIZES 4, 6, 8, 10, 12, 14, 16			

We are a COVID-19 Safe Gym, where all surfaces are cleaned regularly, and the use of hand sanitiser is required on entry and exit. We have also adjusted classes so that all mats are cleaned in between each session and there is a 15minute break for traffic to be kept at a minimum at all times.

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